Harmony in Family

Understanding Relationship – Justice
Harmony in the Family

1. Relationship is – between one self (I₁) and other self (I₂)
2. There are feelings in relationship – in one self (I₁) for other self (I₂)
3. These feelings can be recognized – they are definite (9 Feelings)
4. Their fulfilment, evaluation leads to mutual happiness

Feelings in relationship:

1. Trust विश्वास FOUNDATION VALUE 6. Reverence श्रद्धा
2. Respect सम्मान 7. Glory गौरव
3. Affection नेह 8. Gratitude कृतज्ञता
4. Care ममता 9. Love प्रेम COMPLETE VALUE
5. Guidance वात्सल्य
Affection (स्नेह)

The feeling of being related to the other
(acceptance of the other as one’s relative, the other is like me)

One naturally feels related to the other when one has the feelings of
Trust and Respect in oneself for the other

Responsibility and commitment for mutual fulfilment

Absence of Affection = Opposition, Jealousy
### Care (ममता)

**Feeling of responsibility toward the body of my relative**

The responsibility & commitment for **nurturing** and **protection** the Body of my relative

संबंधी के शरीर के पोषण, संरक्षण की स्वीकृति का भाव।

---

### Guidance (वात्सल्य)

**Feeling of responsibility toward the self(I) of my relative**

The responsibility & commitment for ensuring **Right Understanding** and **Right Feeling** in the self(I) of my relative

संबंधी को समझदार व जिम्मेदार बनाने की स्वीकृति का भाव।

### Care & Guidance naturally follow Affection

Are you ensuring both – care as well as guidance?

Or mostly focused on care?

While taking care of the body, are you also concerned about the self? Eg. While feeding the child
Reverence (श्रद्धा)
The feeling of acceptance for Excellence
श्रेष्ठता की स्वीकृति का भाव।

Excellence (श्रेष्ठता)
Understanding Harmony & Living in Harmony

Excellence and competition are not similar.
In excellence, one helps to bring the other to his level
In competition, he hinders the other from reaching to his level

Worship (पूजा)
Effort made to achieve excellence.  श्रेष्ठता के लिए किया गया प्रयास।
(inspiration from the revered)
<table>
<thead>
<tr>
<th>Working for Excellence</th>
<th>Competing to be Special</th>
</tr>
</thead>
<tbody>
<tr>
<td>The other is like me – we are complementary</td>
<td>Not other – only me</td>
</tr>
<tr>
<td>Helps the other to come to his level</td>
<td>I am different/more than the other</td>
</tr>
<tr>
<td></td>
<td>Stops the other to come to his level - effort to accentuate the difference, to dominate, manipulate, exploit</td>
</tr>
<tr>
<td>Operates on the basis of his Natural Acceptance (that is definite) – swatantra, self driven by clarity of human purpose</td>
<td>Operates on the basis of his preconditioning (that changes) – driven by other on the basis of reward / fear of punishment</td>
</tr>
<tr>
<td>Trust, respect... In relationship</td>
<td>Conditional relationship, over-evaluation of self &amp; under-evaluation of other</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Is Prosperous – Rightly Utilises, Shares, Nurtures</td>
<td>Is Deprived – Hoards, Accumulates, Exploits</td>
</tr>
<tr>
<td>Absolute (definite completion point)</td>
<td>Relative (no definite completion point)</td>
</tr>
<tr>
<td>Excellence (श्रेष्ठता)</td>
<td>To Be Special (विशेषता)</td>
</tr>
<tr>
<td>-----------------------</td>
<td>------------------------</td>
</tr>
<tr>
<td><strong>The other is like me – we are complementary</strong></td>
<td><strong>Not other – me</strong></td>
</tr>
<tr>
<td><strong>Rights – Happiness, Prosperity → Continuity</strong></td>
<td><strong>I am different from the other</strong></td>
</tr>
<tr>
<td><strong>Goals – 4 Human Goals</strong></td>
<td><strong>Rights – Happiness, Prosperity → Continuity</strong></td>
</tr>
<tr>
<td><strong>Responsibility – To understand harmony &amp; to live in harmony at all levels of being</strong></td>
<td><strong>Goals – Accumulation of Physical Facility, maximisation of sensation…</strong></td>
</tr>
<tr>
<td><strong>Self development</strong></td>
<td><strong>Responsibility – ?</strong></td>
</tr>
<tr>
<td><strong>Development of Other</strong></td>
<td><strong>Self Development – ?</strong></td>
</tr>
<tr>
<td>Glory (गौरव)</td>
<td>Gratitude (कृतज्ञता)</td>
</tr>
<tr>
<td>---------------</td>
<td>---------------------</td>
</tr>
<tr>
<td>Feeling for those who have made or are making effort for excellence</td>
<td>Feeling for those who have made or are making effort for my excellence</td>
</tr>
<tr>
<td>जिन्होंने श्रेष्ठता के लिए किए प्रयास किया है, उनके प्रति भाव।</td>
<td>जिन्होंने मेरी श्रेष्ठता के लिए प्रयास किया है, उनके प्रति भाव।</td>
</tr>
<tr>
<td>Gratitude is significant in the development of relationship</td>
<td></td>
</tr>
</tbody>
</table>
Feeling in Relationship

1. Trust विश्वास FOUNDATION VALUE
2. Respect सम्मान
3. Affection स्नेह
4. Care ममता
5. Guidance वात्सल्य
6. Reverence श्रद्धा
7. Glory गौरव
8. Gratitude कृतज्ञता
9. Love प्रेम COMPLETE VALUE
Verify on the basis of your natural acceptance if you want to be related to:

- **None**  → The feeling of being related to none – in opposition to all
- **One**    → The feeling of being related to one
- **Many**   → The feeling of being related to many
- **Everyone** → The feeling of being related to all

**Affection** (स्नेह) – The feeling of being related to the other
(acceptance of the other as one’s relative)
दूसरे को संबंधी के रूप में स्वीकारने का भाव।

**Love** (प्रेम) – The feeling of being related to all (Complete Value)
= हर एक को संबंधी के रूप में स्वीकारने का भाव।
Love (प्रेम)

Love (प्रेम) – The feeling of being related to all (Complete Value)

= हर एक को संबंधी के रूप में स्वीकारने का भाव।
= पूर्णता में रति – पूर्णता में रत होना – हर एक के साथ संबंध में निहित रस (भावों) की अनुभूति करना।

It all starts with identifying that one is related to other human being (Affection - स्नेह) and it slowly expands to the feeling of being related to all human beings and then to all, each & every unit in nature (human being as well as other units) (Love - प्रेम)
एक → अनेक → हर एक को संबंधी के रूप में स्वीकारना

Feeling of Love is expressed in the form of kindness (दया), beneficence (कृपा) & compassion (करुणा). The feeling is for all, and it is expressed to those in contact

The feeling of Love is the foundation of Undivided Society
Check for yourself –

In relationship, what is the priority
- of right understanding & right feelings (needs of self(I))
- of physical facility (needs of body)

What is the role of physical facility in the fulfillment of right feelings?

In relationship, where would you start:
1. Expect right feelings from the other
2. Take responsibility to understand relationship, ensure right feelings in yourself and express them to the other
<table>
<thead>
<tr>
<th>Established Value</th>
<th>Expressed Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>स्थापित मूल्य</td>
<td>शिष्ट मूल्य</td>
</tr>
<tr>
<td>Trust विश्वास</td>
<td>Complimentariness सौजन्यता</td>
</tr>
<tr>
<td>Respect सम्मान</td>
<td>Compliance आदर</td>
</tr>
<tr>
<td>Affection स्नेह</td>
<td>Commitment , निष्ठा</td>
</tr>
<tr>
<td>Care ममता</td>
<td>Generosity उदारता</td>
</tr>
<tr>
<td>Guidance वात्सल्य</td>
<td>Spontaneity सहजता</td>
</tr>
<tr>
<td>Reverence श्रद्धा</td>
<td>Obedience पूज्यता</td>
</tr>
<tr>
<td>Glory गौरव</td>
<td>Simplicity सरलता</td>
</tr>
<tr>
<td>Gratitude कृतज्ञता</td>
<td>Softness सौम्यता</td>
</tr>
<tr>
<td>Love प्रेम</td>
<td>Oneness अनन्यता</td>
</tr>
</tbody>
</table>
1. Relationship is – between one self ($I_1$) and other self ($I_2$)
2. There are feelings in relationship – in one self ($I_1$) for other self ($I_2$)
3. These feelings can be recognized – they are definite (9 Feelings)
4. Their fulfilment, evaluation leads to mutual happiness

Feelings in relationship:
1. Trust \textit{विश्वास} FOUNDATION VALUE
2. Respect \textit{सम्मान}
3. Affection \textit{स्नेह}
4. Care \textit{समता}
5. Guidance \textit{वात्सल्य}
6. Reverence \textit{श्रद्धा}
7. Glory \textit{गौरव}
8. Gratitude \textit{कृतज्ञता}
9. Love \textit{प्रेम} COMPLETE VALUE

Justice = Recognition, Fulfillment & Evaluation of Human-Human Relationship, leading to Mutual Happiness

Justice $\Rightarrow$ from Family to World Family $\Rightarrow$ Undivided Society (अखण्ड समाज)
1. Relationship is (it already exists – we just need to realise it) – between one self (I₁) and other self (I₂)

2. The base of relationship is feelings – in one self (I₁) for other self (I₂)

3. These feelings are definite (9 Feelings) – they can be understood

4. Justice in relationship is understanding relationship, acceptance of relationship, having the right feelings, expressing these feelings, right evaluation of these feelings leading to mutual happiness
   - Having the right understanding & right feeling in myself leads to my happiness
   - Expressing (sharing) these feelings to the other & it’s right evaluation by the other leads to his/her happiness

Justice → from Family to World Family → Undivided Society (अखण्ड समाज)
Justice

Recognition, Fulfillment & Evaluation of Human-Human Relationship, leading to Mutual Happiness

Necessary condition
E11 = E21
E22 = E12

Complete condition
E11, E12, E22, E21 are Naturally Acceptable to both 1 & 2

E11 – I have a feeling of opposition
E21 – He is opposed to me
E11 = E21, but not NA to either 1 or 2

Ghatna se doosre ki sahaj sweekriti nahin dikhti (keval karna dikhta hai)

Domination – not giving other the option to share his evaluation about you
## Sum Up: 9 Feelings

<table>
<thead>
<tr>
<th>Feeling</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trust</td>
<td>To be assured that the other intends my happiness &amp;</td>
</tr>
<tr>
<td></td>
<td>prosperity</td>
</tr>
<tr>
<td>Foundation Value</td>
<td>आधार मूल्य</td>
</tr>
<tr>
<td>Respect</td>
<td>Right evaluation (with the basis that the other is like me and we are complementary to each other)</td>
</tr>
<tr>
<td>Affection</td>
<td>Acceptance of the other as one’s relative</td>
</tr>
<tr>
<td>Care</td>
<td>Responsibility &amp; commitment for nurturing and protecting the body of one’s relative</td>
</tr>
<tr>
<td>Guidance</td>
<td>Responsibility &amp; commitment for ensuring Right Understanding and Right Feeling in the self (I) of one’s relative</td>
</tr>
<tr>
<td>Reverence</td>
<td>Acceptance for Excellence</td>
</tr>
<tr>
<td>Glory</td>
<td>Acceptance for those who have made effort for Excellence</td>
</tr>
<tr>
<td>Gratitude</td>
<td>Acceptance for those who have made effort for my Excellence</td>
</tr>
<tr>
<td>Love</td>
<td>The feeling of being related to all</td>
</tr>
<tr>
<td>Complete Value</td>
<td>पूर्ण मूल्य</td>
</tr>
</tbody>
</table>
Role of Education

- To ensure the Right Understanding to live with Justice in every relationship fulfilling all the values in relationship

Justice ➔
from Family to World Family ➔
Undivided Society (अखण्ड समाज)
Role of Education

1. RIGHT UNDERSTANDING in the Self
   - Understanding Harmony in Individual, Family, Society, Nature/Existence

2. JUSTICE in RELATIONSHIP with Human Being
   - from Family to World Family

3. PARTICIPATION in LARGER ORDER with Nature
   - From Family Order to World Family Order

MUTUAL HAPPINESS
UNDIVIDED SOCIETY
FULFILMENT of HUMAN GOAL
UNIVERSAL HUMAN ORDER

Human Consciousness
मानव चेतना
Human Tradition

Human Conduct
- Conduct that ensures continuity of mutual happiness & prosperity

Human Education
- Education that ensures the development of the competence to live with Definite Human Conduct

Universal Human Order
- The society in which Human Goal is realised

Human Constitution
- Nature of society of people living together in a relationship of mutual fulfillment

Entry Point
Home Work

1. Reflect on your assumptions about each of the 9 feelings. Study the proposals about each of the 9 feelings.

2. Are you making effort for getting feelings from others or for ensuring the feelings in yourself?

3. What is the role of physical facility in the fulfillment of relationship?

4. Are you working for excellence or for being special / domination? What are your underlying assumptions about happiness and about relationship?

5. Is love about sensation or about feeling in relationship?

6. Where would you like to draw the line between people who are related to you and people who are not related to you?

7. Is justice served in a courtroom or is to be ensured in family?